

ORAL PIERCING AFTERCARE

WE STRONGLY RECOMMEND H2OCEAN & BRIOTECH HEALING PRODUCTS

WASH your hands thoroughly prior to cleaning or touching your piercing for any reason.

INSIDE THE MOUTH

Rinse mouth with an alcohol-free antiseptic mouthwash for 30 seconds after meals and at bedtime (3 times daily) during the entire healing period. Cleaning too often or with too strong a rinse can cause discoloration and irritation of your mouth and piercing.

EXTERIOR OF THE PIERCING

SOAP with H2Ocean piercing foam soap once every 2 - 3 days, to remove any buildup. Apply foam soap to a q-tip swab & clean the jewelry, removing any debris.

RINSE thoroughly to remove all traces of the soap from the piercing & jewelry.

DRY by gently patting with clean, disposable paper products. Cloth towels can harbor bacteria and snag on jewelry, causing injury.

SPRAY with BrioTech topical skin spray 4 - 5 times per day. Allow to air dry.

NO DAIRY PRODUCTS OR SPICY FOODS FOR 2 WEEKS

**JEWELRY SHOULD NOT BE CHANGED
OR REMOVED FOR 8 - 12 WEEKS**

After 8 weeks please visit us for new jewelry options.